

# EUROPA UOMO

The Voice of Men with Prostate Cancer in Europe

**Wednesday September 27th, 2023 from 6 pm to 7 pm CET**

## ***Europa Uomo's webinar on "Anxiety and depression in prostate cancer"***

Led by Cosimo Pieri (IT) and Tania Estapé (ES) – Board members Europa Uomo

Presentation by **Tania Estapé**, clinical Psychologist and PhD in Psychology, Board member of Europa Uomo and Psycho-oncology Coordinator in FEFOC (Barcelona, Spain).

Register in advance for this meeting:

[https://us02web.zoom.us/meeting/register/tZwtd-utpzopHdVCtD\\_Jt8Jiaqu3uzmM1shl](https://us02web.zoom.us/meeting/register/tZwtd-utpzopHdVCtD_Jt8Jiaqu3uzmM1shl)

After registering, you will receive a confirmation email containing information about joining the meeting.

### Programme:

1. Welcome
2. In this webinar, Europa Uomo will focus on the following questions:
  - What is anxiety, what is depression? When is professional advice necessary?
  - What causes anxiety and depression in cancer patients? And specifically, in prostate cancer?
  - Tips for patients, caregivers and friends to pay attention to symptoms
3. Conclusion