# **EUPROMS** study

**EUROPA UOMO** patient reported outcome study The first ever survey in PCa from patients for patients

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# EUROPA UOMO

### Disclosures

- Sponsored by 3 pharmaceutical companies.
- They have had no role or influence in any aspect of the study and this will remain the position









# **EUPROMS** study

Methodology and sample profiles

# EUROPA UOMO

## Methodology



20 minute online survey with patients with prostate cancer who have received treatment



#### Observational single arm study

#### **Objective**

- Examine the quality of life of PCa patients Europe wide
- Use of validated quality of life questionnaires
  - EPIC 26
  - EORTC
  - EQ-5D-5L

#### **Recruitment and data collection**

- Via a link placed on the Europa Uomo website
- Actively circulated by members of Europa Uomo
- Data collected by Cellohealth UK

#### **Patient screening criteria**

- Male with prostate cancer
- Receiving or have received some treatment for their prostate cancer, including active surveillance
- Not affiliated in any way with a pharmaceutical company
- Not participated in related research in the past month

#### Languages

Questionnaire available in 19 languages

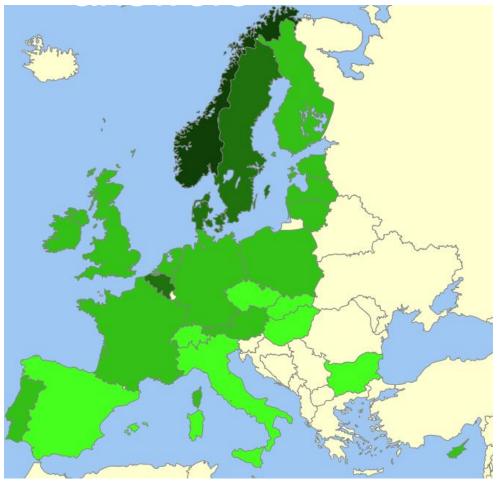


## Geographic coverage and valid answers

### 2943 answers

## 24 countries

Auctria



Austria	66
Belgium	339
Bulgaria	1
Czech Republic	3
Denmark	188
Estonia	8
Finland	65
France	234
Germany	253
Greece	1
Hungary	10
Ireland	26
Italy	71
Latvia	11
Lithuania	52
Norway	506
Poland	109
Portugal	75
Slovak Republic	8
Spain	55
Sweden	386
Switzerland	7
The Netherlands	244
UK	187
Other (mainly Cyprus)	38

### 1,22 per 1000

**1,22 per 1000 patients** out of 2,4 Million (estimated) have answered the questionnaire

5 years prevalence 1,3 million\*

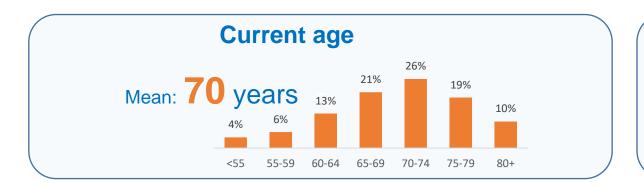
\*Source centre for parliamentary studies eu

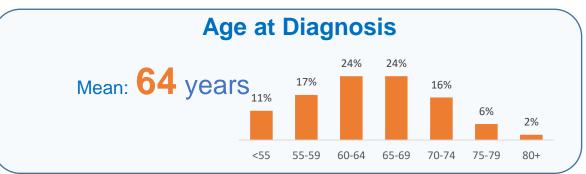
10 years prevalence 2,4 million\*\*

\*\*Calculated based on know figures for some countries



#### Respondence profile:





#### **Living situation**





With spouse:

82%

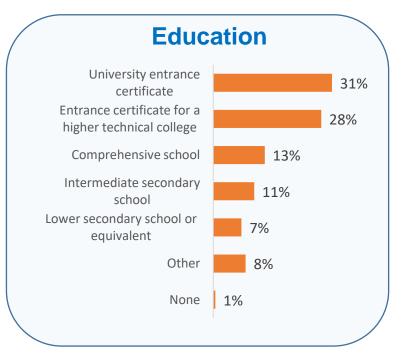
Alone:

14%



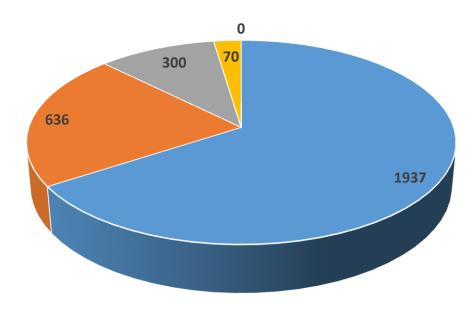
With other family:





## Treatments profile

#### Amount of treatments

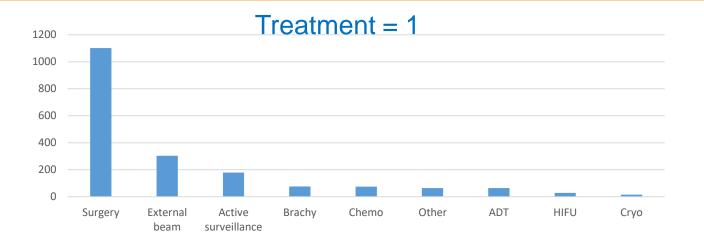


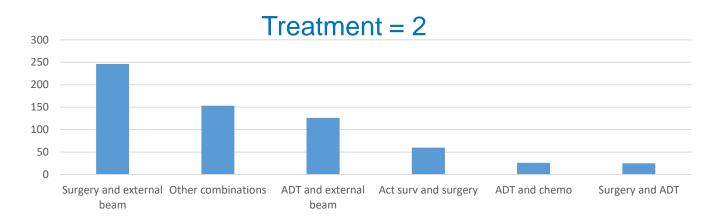


**2** 

**3** 

4 or more





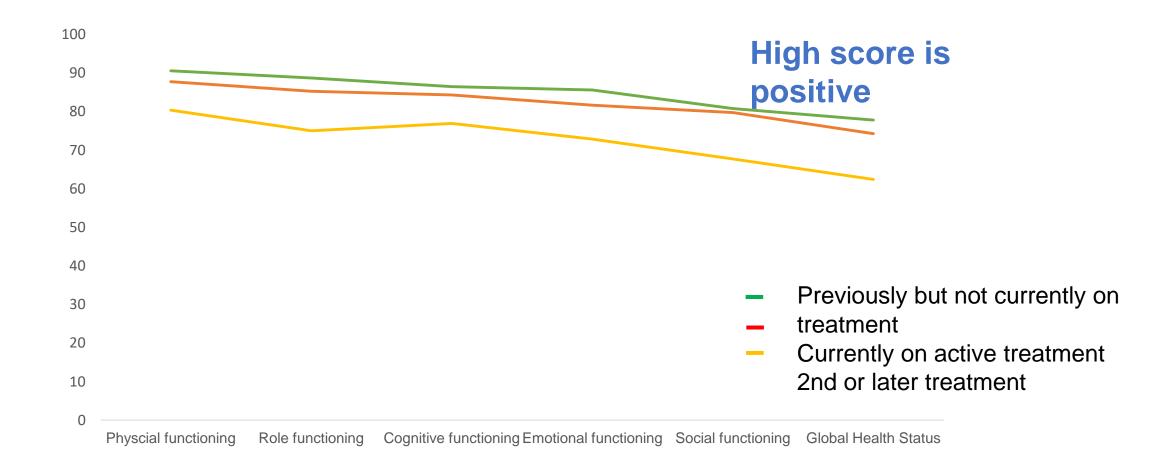


# **EUPROMS** study

**EORTC, EQ-5D-5L** and **EPIC** first results

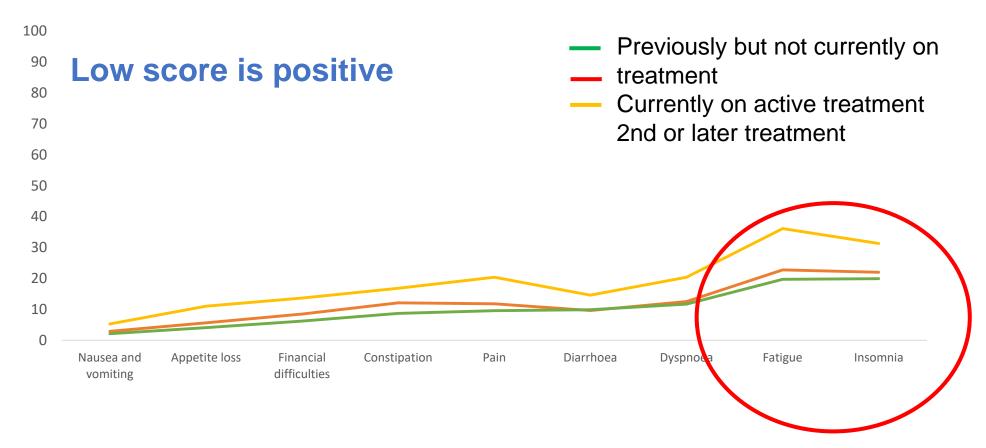
# EUROPA UOMO

### **EORTC** functional score





# **EORTC** symptom score



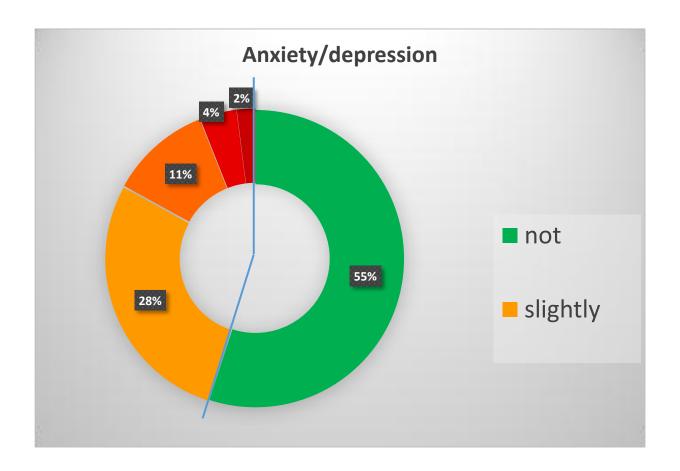
2nd treatment and cancer recurrence = worse scores overall



### EQ-5D-5L

# Total EQ-5D-5L Score



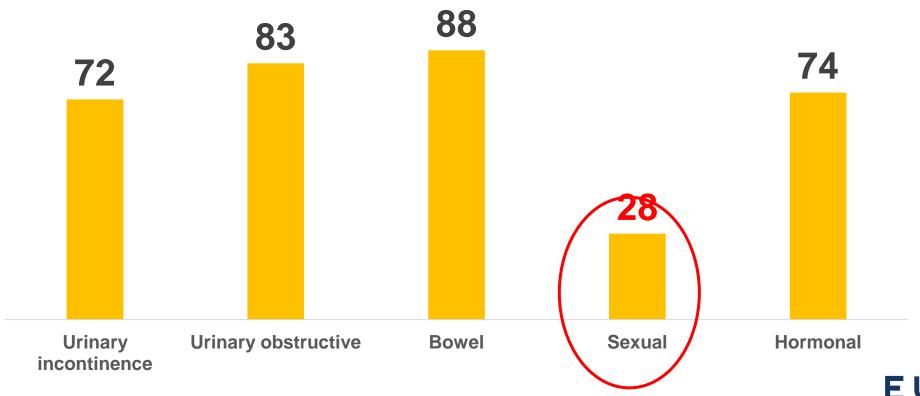


Mental health is impacted: 45% reporting at least some anxiety/depression



### **EPIC** scores

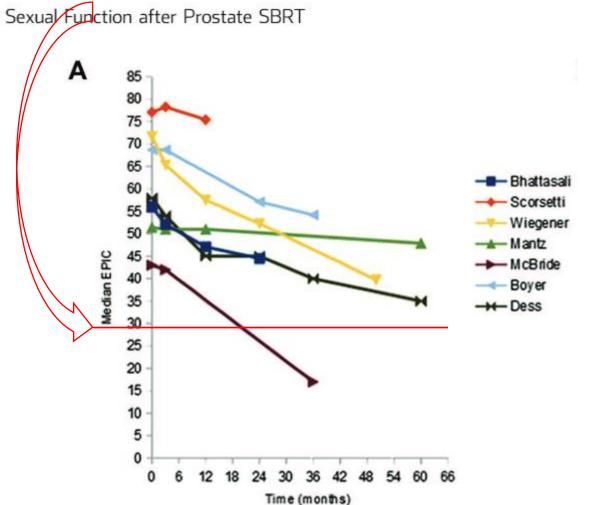
# Sexual function is the most impacted area





### **EPIC** scores

### This 28 sexual score is much lower than other studies



SEXUAL MEDICINE

ORIGINAL RESEARCH & REVIEWS

ONCOLOGY

Sexual Function in Patients Treated With Stereotactic Radiotherapy For Prostate Cancer: A Systematic Review of the Current Evidence



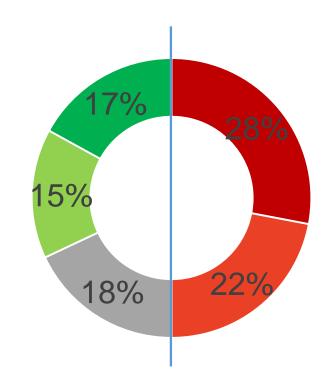
Mauro Loi, MD, Ruud C. Wortel, MD, PhD, Giulio Francolini, MD, and Luca Incrocci, MD, PhD<sup>3</sup>



### **EPIC**: sexual function

### 50% report that sexual function is a moderate or big problem

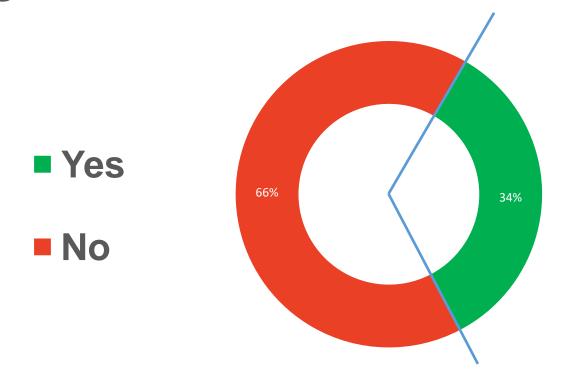
- Big problem
- Moderate problem
- Small problem
- Very small problem



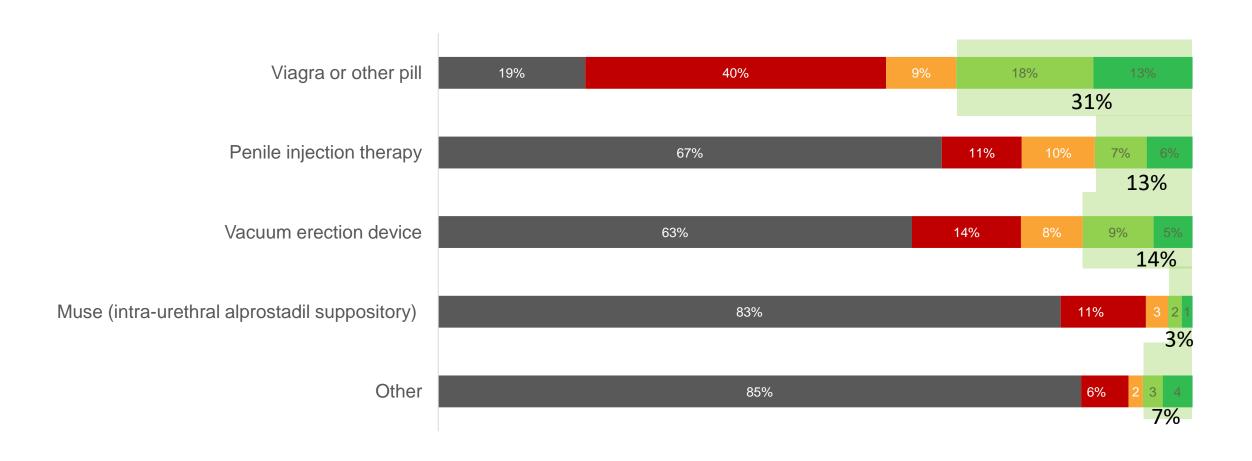


### EPIC sexual function: use of medication

Only 34% have used medication or devices



### EPIC sexual function: satisfaction with medication or



■ Have not tried it ■ Tried it but was not helpful ■ It helped but I am not using it now ■ It helped and I use it sometimes ■ It helped and I always use it

## Key messages so far

- The collected data are representative for the patient population
- Sexual function is the major effect of all PCA treatments.
  The measured score is much lower than expected
- Fatigue, insomnia and anxiety/depression are other important effects
- Patients who are receiving their 2<sup>nd</sup> or later treatment due to cancer recurrence have worse scores across all metrics



### Next steps

- Analyse results further Partner Prof. Monique Roobol, Erasmus University Medical center, Department of Urology, Rotterdam, NL
- Publish results and awareness campaign
- > Update EAU in Amsterdam



## Next steps budget

- ➤ Analyse results further 15 000 €
- > Publish results at booth EAU 10 000 €

