



European
Prostate
PASSPORT

Issued by

Europa Uomo

PERSONAL INFORMATION





Size & Paper Quality

Size: 87x125 mm

Paper Quality

Cover: Colotech Silk 170g, coated.

Insert: Scandia 2000 White 90 g, uncoated.

Name

Phone

Contact name

Phone

Family doctor

Phone

Urologist

Phone

Oncologist

Phone

Nurse

Phone

Pharmacist

Phone

Notes For The Patient

This Patient Prostate Passport is given to you because you are concerned about your prostate. It will enable you to have a record of your progress during diagnosis and treatment.

For the Passport to be meaningful it does require filling in each time you make a visit to your doctor or medical team and it is intended that it is filled in at the time of your visit. Most medical staff will be pleased to see a patient taking an active interest in his diagnosis, treatment and recovery. It helps the patient to understand and to share the management of his progress.

Some of the medical terms used maybe strange to you at first but you will soon become familiar with their meaning and please ask if you are in doubt.

The insert at the back contains a list of questions, which have been provided by a team of medical experts. The doctor handing you the passport can help you to under-

stand the questions. Remember that although their time is very precious, so is your care and a few minutes spent asking questions could save you and your family members hours or days of anxiety.

The insert also contains a list of useful telephone numbers and website addresses.

Notes For Doctors & Health Service Administrators

This European prostate passport arises out of a collaborative exercise between patients and clinicians in Europe.

The passport will provide the patient with a comprehensive diagnostic and treatment record. It also contains sample questions obtained from the medical community which will facilitate open communica-

tion between patient and doctor. This will enable the patient and his family to contribute to his treatment and well-being.

This European passport is based on the experience of six countries with national prostate cancer passports for the past three years. EUROPA UOMO, the European Prostate Cancer Coalition, sees the need for a truly European passport. This initiative is being warmly welcomed by patients and many clinicians alike.

It is preferred that the doctor should hand the passport to the patient following initial diagnosis, thus cementing the relationship between the medical team and the patient. The passport will also be available from the local patient support group.

Treatments

There are a number of treatment options available for prostate cancer and they are listed below. Some of these will be appropriate for you; others not. Information is readily available on these treatments and you should discuss their pros and cons with your doctor.

- *Active Surveillance*
- *Surgery*
- *Radiation Therapy*
- *Hormone Therapy*
- *Chemotherapy*
- *Combination of the above treatments*
- *Other treatments*

Medical History

Relevant medical information _____

Chronic diseases _____

Previous operations and treatments _____

Allergies _____

Diagnostic Results

- Digital Rectal Examination – DRE

- Prostate Volume _____

- Biopsy (Gleason Score & Clinical Stage Tx)

- Imaging Results (TRUS/US, CT, MRT, etc)

- PSA Results (see pages 8–9)

It is suggested that a pocket be included on this page to allow each country to include a small appendix. This insert could include local contact details and suggested questions for the patient to ask his medical team.

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