

Steps to prostate awareness in Hungary

Activities of the Hungarian League Against Cancer 2010-2011



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The prostate cancer is among the leading cause of cancer mortality in Hungary as well

In the year of 2009 there were diagnosed 3541 new prostate cancer, and there were 1193 deaths by prostate cancer

The prostate cancer is the third most frequent cause of cancer related deaths, followed the lung and colorectal ones among men

The Hungarian health service is able to recognize the prostate cancer in time

The way of the possible patients:

Family doctor

Specialist in urology

Laboratory possibilities(PSA)

Ultrasonic opportunities

Urologic department at hospitals

These are available, and on service

The problem is: does the patient come, and is he coming in time?

This later is determined by the knowledge of male population about his prostate, and about what to do for its health and good condition

**This later goal is served by wide
information campagne about the
„prostate awareness,,**

**The Hungarian League Against Cancer as
member of the Europe UOMO, working
in formation of „prostate awareness” in
the last three years**

Twice yearly – in the week of men health (second week of June) and in October, what is the month of prostate as well, paralell with the actions organized against breast cancer, the 40 local member organization of the League manage activities, lectures and on some places screenings

In 2010 there was prostate awareness activities in 22 cities and villages and 13 of them beside the lectures were possibility for prostate screening too

In this year we plane in 33 places the same activities and in 10 places for the paricipants offered PSA screening

The actions are organized by the Hungarian League Against Cancer, together with the local authorities, local Health Officer Services, and with local health services

**There are workplaces where dominantly
works men**

**At this places we also run lectures to call
their attention for prostate awareness**



There was an interesting initialization, based on the example from Australia, the „Movember movement” at among their workplace members and their friendship in 2010



The participant of the „Movember movement” in November leave their moustache (in austral slang is „mo”), and they call everyone’s attention that this action’s aim to propagate the prostate cancer, this man collect donations for limitation of the prostate cancer

They had shave their „mo” on 1st December, and with this action they can finish the collection of the donations



In January 2011 they sent the collected 213,000 HUF (about €788) to the League, we used this money for a short and a longer information leaflet about prostate awareness and prostate cancer

**Our aims is: all male, over the age 50
accept the yearly PSA examination and
the regularly urologic examinaitaion too**

**„If your prostate is OK,
over 50 PSA”
(regularly)**

Thank you for your kind attention

